Hi all

The third fixture in the Kent league cross country series took place at our home venue, Sparrows Den but numbers were slightly depleted due to a clash with the English schools cup that had some 14 athletes competing for their various schools.

The U13 girls were up against a strong Tonbridge team but saw Jessica Neal finish a strong 7th, Emily Penlington 9th and Morgan Sqiubb, sporting new spikes after her last ones were ripped by a spike at the Nationals, 11th. Lily Tappenden bravely led the race for a while but hung on to finish 13th with Gracie Horton a great 15th. Niamh Milmo 27th and Zoe Austridge 28th completed the team. They are currently 2nd place in the league, one match point behind Tonbridge with one match remaining.

The U13 boys were next off and a confident Peter Guy, fresh from his National victory, powered to the front and stayed there until the end. The seven other BB boys all had great runs led home by Keir Lundy in 4th having his best run of the season to date, Ben Ten, Ben Gardiner in 10th, Robert Suckling 15th and Cameron Swatton 20th both also having their best runs of the season to date. Making his Blackheath and Bromley and Kent league debut was primary school boy Sam Reardon and he finished in a fine 24th place, very impressive having only just turned 11. Billy Keene, still sporting his BMX bike injuries and dashing straight to Sparrows Den from football training was 25th and Jake Leng crossed the line in 28th. This was the U13 boys third straight team victory and sees them firmly at the top of the table.

Next up were the U15 girls and their third straight team victory also seem them heading the league table. Tonbridge's Kathleen Faes won the race, a very impressive performance considering she had just won the SE region english schools cup race at Knoll park, some two hours earlier! Naomi KIngston continued her great seasons finishing 4th with Yasmin Austridge 5th and Millie Smith 6th. Kelsi Cornish had a great run finishing in 9th with Grace Scopes just behind in 10th. Carlotta Weitzel finished strongly in 14th picking up loads of places in the second half of the race and Amy Leach had her best Kent league run of the season finishing in 16th. Jessica Sellar crossed the line in 19th and Stephanie Taylor was just outside the top 20 in 21st.

The consistent, ever present Scrivener twins Frankie (18th) and Charlie (35th), George Pope 19th and Lewis stickings 25th were joined by Callum Myatt, first home for BB in 14th. The team were fourth on the day and are currently in third place.

The U17 women again dominated their age group and are still firmly at the top of the league. Kelsey Fuss had a very convincing win, backed up by a great 3rd place finish for Charlotte Rhule and a fine 5th place for Shannon Riskey. Great to see Georgina Taylor running well again finished 6th, Joanna Clowes looking strong in the run in was 10th followed by Mary Guy in 13th and Jenny Sheasby in 16th.

Eight U17 men stood on the line for the start of their race, the best turn out BBHAC have had in that age group for a good few years. Joss Barber continued his great start to the season and went with the front pack and held on for a good 7th place. Also in form Charlie Davis was just behind in 9th and Alek Wiltshire was a great 12th. Alex Leggatt was 23d,and James Crawley was 27th. Will Pope (28th) crossed the line looking like he had just played rugby with blood dripping down his leg, having taken two tumbles. Bertie Harrington, running his first Kent league twisted his ankle on the first lap and did well to complete the course finishing in 29th and it was great to have Scott Bulmer running again (30th). The team finished in second place and are current second in the league.

BBHAC U20 women are reigning supreme and dominating their league. Anna Myers was 1st, Sam Leighton 2nd, Janae Galley 4th, Sonia Woolhouse, having a break from pole vaulting was 5th, Emma Rowland 6th and Chloe Haffenden 7th.

No U20 men were running but Tom Desborough was all over the course giving valuable support to all, while he recovers from a hip injury.

    Full results can be found here <http://www.kcaa.org.uk/kent%20league%20results.htm>

**This weeks girls team mangers award goes to Charlotte Rhule for her fine top three finish, having competed in the Kent league every year for the last five years.**

**The boys team managers award goes to Keir Lundy for his fantastic 4th place finish.**

Incorporated into this fixture was the BBHAC cross country club championship and medals were awarded to 1st, 2nd and 3rd Blackheath athletes in each age group.

The winners are as follows

**Gold Silver Bronze**

**U13 girl  Jessica Neal Emilie Penlington Morgan Squibb**

**U13 boys Peter Guy Keir Lundy    Ben Gardiner**

**U15 girls Naomi Kingston Yasmin Austridge Millie Smith**

**U15 boys Callum Myatt Frankie Scrivener George Pope**

**U17 women Kelsey Fuss Charlotte Rhule Shannon Riskey**

**U17 men Joss Barber Charlie Davis Alek Wiltshire**

**U20 women Anna Myers Sam Leighton Janae Galley**

Meanwhile at Knoll Park, Sevenoaks 14 of our athletes were competing for their schools in the ESSA cup and some fantastic results were produced.

Junior girls 1st Sophie Hoare, 4th Rosie Allan, 10th Imogen Meers, 15th Hannah OFlynn, and 16th Alice Prentice.

Junior boys 1st Rowan Fuss and 6th Joseph Georgiadis.

Intetr girls 6th Genny Allen .

Inter boys 4th Henry Cowie, 15th Michael Eagling, 16th Angus Harrington 24th Oscar Hussey 29th Coleman Corry and 32nd Robert Perry.

The final fixture in the Kent league is 29th November at Danson Park when all the final league and individually placings will be decided.

   Paul