KENT CROSS-COUNTRY CHAMPIONSHIPS 2015

At Brockhill Country Park, Hythe on Saturday 3rd January 2015 CT21 4HL

The Kent Championships take place on Saturday 3rd January at the Brockhill Country Park, Hythe on Saturday 3rd January 2015. The timetable of events is as follows:

|  |  |  |  |
| --- | --- | --- | --- |
| 10.30 | Under 13 Girls | 2930m | First 3 to score |
| 10.45 | Under 13 Boys | 3150m | First 4 to score |
| 11.00 | Under 15 Girls | 3810m | First 3 to score |
| 11.20 | Under 15 Boys | 4250m | First 4 to score |
| 11.40 | Under 17 Women | 5100m | First 3 to score |
|  | Under 20 Women | 5100m | First 3 to score |
| 12.00 | Presentations for U13/U15 races | | |
| 12.20 | Under 17 Men | 5950m | First 4 to score |
|  | Under 20 Men | 5950m | First 3 to score |
| 12.45 | Senior Men | 12400m | First 6 and first 12 to score |
| 14.00 | Senior Women | 7900m | First 3 and first 6 to score |
| 14.40 | Presentations for U17/U20 and Senior races | | |

The courses will be run over the main school field and the north side of the stream in the Country Park. The courses in the school field will be relatively flat and open but the courses in the Country Park will be narrower, twisty, undulating and possibly soft in places with an uneven harder surfaced two way section of trackway joining the two. Race timing for these Championships will be by Swift Timing using chipped bib numbers.

For those wanting to walk the courses as a team we will meet at the club tent at 09.20.

This race is used as a selection race for the Kent team for National Inter-Counties with the first 4 in age-group gaining automatic selection.

**DIRECTIONS**

Take the M20 to junction 11 cross over the motorway then take the A20 towards Folkestone and then before recrossing the motorway turn right into Sandling Road towards Sandling and Hythe. You then pass Sandling Station and continue until you come to Brockhill Country Park and Brockhill Park School on your right hand side.

**NEXT FIXTURES**

The Kent Schools take place at Wilmington on 17th January and the Surrey Schools at Reigate on the same date, entry for both of these is via your school and district team. The London Schools are at Parliament Hill on 28th January.

The next club fixture is the South of England championships at Brighton on Saturday 24th January.

If you have any questions or queries please let either of us know.

Andy Frankish (girls) 07793-670609 Paul Austridge (boys) 07710 094846