BBHAC U13 boys had their last track and field event of the season at Canterbury last Sunday and finished the summer season on a high.

The middle distances boys of Ben Gardiner, Cameron Swatton and Rowan Fuss comfortable took Gold with Rowan having a storming last leg.

They collected a handsome trophy  and individual medals for their efforts.

The sprinters had mixed fortunes as both A and B teams cruised through to the final.

In the final, the A team of Tareq Bannour, Caelan Raju, Phil Tenyue and Myles Xavier were up against the strong Tonbridge quartet, but ran a magnificent relay with slick hand overs, to record a seasons best by a whole second.

However, Tonbridge were just too strong for us to match and we were pipped for Gold but still collected well deserved silver medals.

The B team did well to qualify for the final with a few forced changes due to a no show and a puncture on route.

Cameron Swatton stood in for LJ, who despite a massive effort on dads part to get him there on time ( after the puncture) arrived with very little time to warm up.

Primary school boy, Barnaby Corry's willingness to run ensured the team had four runners and so could compete in the heat and successfully make the final.

A massive thank you to everyone who rallied round to get Barnaby socks, trainers, shorts and a vest.

So to the final and back to the original line with Barnaby standing in.  LJ was to make up for his earlier disappointment with a great lead off leg on the first bend, Barnaby sprinted down the back straight handing over to Rowan Fuss (fresh from 3 x 800m gold)

on the top bend, where Leo McCallum was poised and waiting for his sprint down the home straight. A very composed relay team despite last minute changes, crossed the line in 5th place, a great team effort.

We hope to have all the relay photos up on our web site very soon, so keep looking. <http://www.bandbhac.org.uk/>

Have a great winter and keep training

Regards

Paul