Hi all

Blackheath and Bromley HAC hosted the third fixture of the UK Youth Development League, lower age group at Norman Park track and what a great day it turned out to be.

With four fixtures in the league and BBHAC equal on points at the top after two, this fixture was always going to be an important one.

After a slowish start we soon began to establish a small lead and once all the relays results were in the final result read -

1st BBHAC 520

2nd Reading 506

3rd Tonbridge 474

4th Southampton 473

5th Enfield Haringey 469

6th Herne Hill Harriers 390

This result sees us at the top of the league, leading Reading AC by one league point and Southampton AC by six.

Assuming we field a team at the last fixture BBHAC should now qualify for the final at Birmingham on Saturday 6th September, a fantastic achievement.

The day started well for the U13 boys seeing Caelan Raju win the A string 75 m Hurdles in a new personal best. Caelan went on to finish 2nd in the B High jump just short of his best with1.30 before jumping over 4m taking 2nd in the B long jump.

BBHAC boys took full honours with great PB 's in the 800 m seeing Peter Guy run a very controlled 800 m leading from the gun and recording a speedy 2:14.5.

Peter knocked over 2 seconds off his previous best and now ranks number 3 in the country. Robert Suckling continued his terrific season winning the B string 800 m slicing just under half a second off his best 2:23.6. Peter scored more valuable points coming 3rd in the A shot, putting 7.41 m.

Rowan Fuss again showed his class winning the A 1500 m. The primary school athlete totally controlled the race and was happy to easily open up a gap with 800m to go to see him cross the line a comfortable winner. A very mature race for one still very young. Rowan is currently ranked number 2 in the country.

Keir Lundy again impressed finishing with speed down the home straight to cross the line in 2nd just outside the 5 minute barrier.

Pedro Gleadall had another good day in the field clearing 1.35 in the high jump to place 3rd in the A string. Watching Pedro jump it seems his body is clearing nearer 1.50 with his heels just clipping the bar on the way down. With some more high jump training with coach Keith Liston, Pedro's high jumping future is looking bright.

Pedro then added nearly 5m to his best in the javelin taking 2nd in the A string with 29.66.

Pedro would have run the 200m but got held up on the way to the track and so a late change saw new member Elliot Wanogho make his BBHAC debut 2 weeks early.

Elliot, like Rowan, a year young, bravely stepped in and ran a great opening run of 30.6 to place 6th in the B string 200m.

Busiest U13 boy of the day was Myles Xavier who recorded 1st, 2nd and 3rd in his three individual events before anchoring the 4 x 100 m relay team to 4th spot.

Myles won the long jump with 4.68 and is currently ranked 12th in the country. He was 2nd in the A 200 m improving his personal best time by half a second to 26.7 and 3rd in the A 100 m, less than 0.1sec off his best with 13.1.

LJ Wright powered down the home straight winning the B 100 m in great style and ran a strong second leg in the 4 x100m team.

Billy Keene was just outside his best in the 75 m Hurdles coming home 5th in 14.9.

Cameron Swatton scored more valuable points putting the shot 5.80 to come 4th but unfortunately didn't get his javelin throws recorded.

A few sessions with Herbie should iron out any further problems.

Phil Tenyue, making his National league debut ran a great lead off leg in the 4 x 100 m relay and had earlier ran 14.4 in the non scoring 100 m.

Leo McCallum ran a strong second bend on the 3rd leg in the 4 x100m relay and also ran a non scoring 100 m in 14.7.

In the non scoring 800 m Joseph Georgiadis led from the front, close to his PB, timing 2:31.2 with Matthew Proctor sprinting down the home straight knocking 2 seconds off his best, clocking 2:34.1.

The last National fixture is at Tooting Bec on Saturday 19th July but before that we have the last Kent League fixture at Gillingham on Sunday 6th July.

Todays meeting was very successful in many ways, obviously the result but also the way in which the meeting was run.

Ken Daniel and his team had the track looking fantastic, Mrs and Mrs President and many of the BBHAC hierarchy had arrived early to set up a beer tent, sizzling BBQ and a club kit stand.

The efficient and friendly results service from Rob Brown and Wendy Daniels and the flawless PA announcements from Stuart Littlewood.

This all made for a great atmosphere and also proved to the other clubs that Blackheath & Bromley HAC are truly one of the best clubs in the country both on and off the track.

Many thanks to all the BBHAC members who gave up their valuable time to make this such a successful and enjoyable meeting.

Paul Austridge