Hi all

Please see change of date for Tuesday training run. 30th December not January.

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In the New Year all the cross country Championship take place beginning with the Kent's on **Saturday 3rd January 2015** at Hythe, Kent.

The Kent schools are on **Saturday 17th January** at Wilmington school, Kent . The Surrey schools are the same day.

**Saturday 24th January** is the South of England Championships in Brighton and the Nationals are back at Parliament Hill on Saturday **21st February 2015**.

The rearranged final Kent league fixture will be at Swanley Park on **Saturday 7th February 2015.**

The Bromley, London mini marathon trials are on **Saturday 28th February** at Crystal Palace.

Quite a busy start to the year but plenty to do before then starting with the Christmas lights run and fun relays at Mick's session on **Tuesday 23rd December.**

If you want a fun run on **Boxing day**, join us at the club house at 10.30am in fancy dress, for the annual "Paper Chase". This year the pack will be chasing Mick and a chosen few through the woods and fields locally before descending on the club house for drinks and refreshments.

This year there will also be a 2k-3k gentle run for younger siblings (and parents with hangovers) led by our President.  There will also be prizes for the best fancy dress in all age categories.

**Tuesday 30th December**Mick will again be taking the training squad on a road run so remember your bright running tops.

The 2014 part of season has been fantastically successful with Nationals Golds, Southern bronzes, County representation and many great individual performances and lets hope that 2015 continues to see Blackheath and Bromley's young athletes excelling at all levels.

Merry Christmas and a sporting New Year.

Paul A

P.S. This Friday 19th December is the final youth club of the year, 7pm -9pm at the clubhouse.