CROSS - COUNTRY and ROAD FIXTURES 2014

There have been a number of additional fixtures and venues confirmed for the second half of the season so the updated list is being reissued to everyone.

Jan 4th Hythe **Kent Championships**

Jan 18th Wilmington Kent Schools Championships

 Reigate Surrey Schools Championships

Jan 25th Parliament Hill **South of England Championships**

Jan 29th Parliament Hill London Schools Championships (date tbc)

Feb 1st Southampton SE Schools Inter-Counties yrs 8-13

Feb 1st-15th Norman Park Mini-Marathon times can be recorded in Bromley Parkrun

Feb 22nd Nottingham **NATIONAL CROSS-COUNTRY**

 Weekend trip 22nd-24th £110. £50 deposit by 30th Nov

Mar 1st Norman Park Bromley Mini-Marathon Trials

Mar 8th Birmingham **INTER-COUNTIES**

Mar 15th Castle Donnington **ENGLISH SCHOOLS CHAMPIONSHIPS**

Mar 22nd Essex Schools Inter-Counties yrs 7-8

Apr 13th London London Mini-Marathon

Everyone who has raced will be entered in the Club fixtures except the National where you must confirm to your team manager that you wish to be entered by 30th November, as hotel accommodation has to be confirmed.

Schools competitions are entered via your school or district..

 Inter-counties races are by invite.

Fixtures are subject to change if bad weather intervenes as happened last season.

Mini-Marathon forms will be available from Andy shortly and must be returned to him. The first 5 in

each age-group on 1st March will be guaranteed selection. Times run in the Bromley Parkrun on 1st, 8th

 or 15th February will be taken into consideration when the team is selected.

Any questions please do not hesitate to ask one of us.

Andy Frankish and Paul Austridge 7.11.13